

PHYSICAL EDUCATION CALENDAR 2025 – 26

Month	I & II		III - V		VI - VIII		IX & X		XI & XII	
	Game	Skill Set	Game	Skill Set	Game	Skill Set	Game	Skill Set	Game	Skill Set
June	Free Hand Drill	Gross Motor Skills	Free Hand & Dumbles	Improve Fitness	Dodge Ball Kho-Kho	Accuracy Target	Volley Ball Foot Ball	Serving, Dribbling & Passing	Cricket	Batting, Bowling & Fielding
July	Forward & Backward Relay	Speed & Stamina	Shuttle Run & Hurdles	Agility	Throw Ball Volley Ball	Serving & Passing	Foot Ball Volley Ball	Passing, Serving & Dribbling	Kho-Kho	Running, Pole Dive
Aug	Zigzag Relay & Balancing Relay	Speed & Stability	Jumping And Hopping & Three Leg Relay	Balance & Coordination	Kabbadi	Offensive & Defensive	Kho-Kho	Running, Pole Dive	Volley Ball	Serving & Passing
Oct	Ball Passing, Fire In The Mountain	Concentration	Minor Games	Listening	Foot Ball	Dribbling & Passing	Cricket	Batting, Bowling & Fielding	Foot Ball	Passing, Shooting & Heading
Nov	Hoping And Jumping Tag	Balance & Coordination	Hoops Drill & Lezim Exercise	Improve Exercise	Carrom, Chess	Accuracy, Social & Strategic	Kabaddi	Defensive & Offensive	Hockey	Skating, Shooting & Passing
Dec	Lucky Corner, Come With Me	Quick Decision	Carrom, Chess & Traditional Games	Critical Thinking & Social	Traditional Games	Social & Emotional	Carrom, Chess	Strategy, Accuracy & Social	Traditional Games	Social & Emotional
Jan	Ball Over Head Passing Relay	Eye And Hand Coordination	Forward Backward Zigzag Relay & Relay Games	Speed & Stamina	Cricket	Batting & Bowling	Hockey	Skating, Shooting & Passing	Kabaddi	Offensive & Defensive
Feb	Shuttle Run & Hurdles Relay	Agility	Dodge Ball & Throw Ball	Catching, Throwing & Aim	Throwing Events & Badminton	Body Position, Release, Serve, Smash & Drop	Badminton	Serve, Smash & Drop	Badminton	Serve, Smash & Drop